



Foundation for Scottish Athletics Covid-19 Guidelines for games

- All athletes, judges and volunteers must sign Liability Waiver Agreement. See attached.
- Encourage athletes, judges and volunteers to stay home if sick.
- Develop a flexible refund policy.
- Provide supplies for athletes, judges and volunteers that can be used to help prevent the spread of germs.
- Maintain 6 foot social distancing CDC guidelines when checking-in, partaking in event and socializing with audience.
- Wear cloth face covering in public settings and when around people who don't live in the same household, especially when other social distancing measures are difficult to maintain.
- Provide hand sanitizers around event. Don't touch face with hands. Clean hands often.
- Cover coughs and sneezes with a tissue or the inside of your elbow
- Clean and disinfect frequently touched surfaces. There should be scheduled and routine cleaning of weights. All should be cleaned prior to putting on trailer.
- Ensure safe and correct use and storage of cleaners and disinfectants. Make sure there is adequate ventilation for application for disinfectants.
- Avoid offering self-serve food or drink options, such as buffets. Consider having pre-packages boxes or bags for each attendee.
- Use disposable gloves when removing garbage bags. Do not reuse or disinfect gloves. Wash hands after removing.
- Encourage athletes, judges and volunteers to disclose a positive test to FSA, Inc before/after attending an event.
- Please consult the following site for further information.
<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/event-planners-and-attendees-faq.html>